

**Follow Me - Week 3**  
Keys to Following, When Life Is Hard  
***Philippians 4:4-9***

1. \_\_\_\_\_ Always - Vs. 4

*Psalm 30:5; 2 Corinthians 1:3-4*

2. Be \_\_\_\_\_ – Vs. 5

*Romans 8:35, 38-39; John 13:34-35*

3. Don't Be \_\_\_\_\_ - Vs. 6

Worry is Unreasonable – *Matthew 6:25*

Worry is Unnatural – *Matthew 6:26*

Worry is Unhelpful – *Matthew 6:27*

Worry is Unnecessary – *Matthew 6:30*

*1 Peter 5:7; James 4:2; Romans 8:32*

4. Let Peace \_\_\_\_\_ - Vs. 7

*Colossians 3:15; Psalm 119:165*

5. Think On These \_\_\_\_\_ - Vs. 8

*Isaiah 26:3; 2 Corinthians 10:3-6*

6. \_\_\_\_\_

Verse 9: *The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you.*

*James 1:22-25*

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## October/November Events

**Ways to Give:** Online at [vcctracy.org](http://vcctracy.org) or txt message at 209-900-8368

**Prayer Every Sunday Morning:** 9:15-9:45 am

### Tracy Community Connections:

**Feeding the Hungry:** Second Wednesday of every month. We will be serving Turkey, dressing, veggies, salad and dessert.

**Travel Size Toiletries** – We are collecting these for distribution to the homeless

**Current Community Group Series: Share** –This is a 4-week series that will help prepare us to share our faith with the people around us. For a list of times and locations visit the Information Booth or [vcctracy.org](http://vcctracy.org)

**Men's Meeting:** Saturday November 5<sup>th</sup> from 9am – 11am. Please sign up at the information booth.

**All Church Prayer Meeting – November 13<sup>th</sup> – 6pm – 7pm**  
**Discipleship Ministry:** For one on one Discipleship please contact Michael Schraeder at 925-209-7137 or email [mnschraeder@gmail.com](mailto:mnschraeder@gmail.com) for more information.

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