

**Philippians - The Habits of Happiness - Part 2**  
How To Be Happy No Matter What  
*Philippians 1:12-30*

**I. Four common barriers to happiness.**

1. \_\_\_\_\_ - It's hard to be happy and in pain at the same time.
2. \_\_\_\_\_ - They can be irritating, demanding, uncooperative, and arrogant.
3. \_\_\_\_\_ - It can be internal or it can be external.
4. \_\_\_\_\_ - There are all kinds of problems.

**II. Four Habit to Being Happing No Matter What Happens**

1. Look at every problem from \_\_\_\_\_ viewpoint.  
**Verse 12**
2. Never let \_\_\_\_\_ control your attitude.  
**Verses 15-17; Verse 18; Matthew 5:11-12; Verse 29-30**
3. Always trust God to \_\_\_\_\_ things out.  
**Verse 19-20**
4. Stay \_\_\_\_\_ on my purpose, not my problem.  
**Verses 21-25**

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**Stockton Men's Shelter:** September 13<sup>th</sup>

Meatloaf, Potatoes, Veggies, Desserts

**Focus Groups:** Begin September 13<sup>th</sup> - 9am – 9:45am

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Your Time Starved Marriage – 6 weeks

**Please Sign Up**

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BULLSEYE – Hitting The Target Of Spiritual Maturity

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