

**Philippians - The Habits of Happiness - Part 1**  
Growing Healthy Relationships - *Philippians 1:1-11*

**I. Five Laws of Happiness:**

1. Don't look for happiness; \_\_\_\_\_ it.
2. Happiness is not a \_\_\_\_\_.
3. My \_\_\_\_\_ create my happiness.
4. Happiness based on happenings is \_\_\_\_\_.
5. Happy habits are as \_\_\_\_\_ as bad habits.

**II. Four Relational Habits**

1. Be \_\_\_\_\_ for the people in your life.  
**Verse 3; 5:**
2. Pray with \_\_\_\_\_ for the people in your life.

**Verse 4, 9-11**

Four things you can pray:

- **First**, pray they will grow in love.
- **Second**, pray that they will make wise choices.
- **Third**, pray they will live with integrity
- **Fourth**, pray that they will become like Jesus.

3. Expect the \_\_\_\_\_ from people in my life.

**Verse 6**

4. \_\_\_\_\_ the people in your life like Jesus does.

**Verse 8**  
**1 John 3:16 GNT**

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## **VCC September Events**

**New Series – Habits of Happiness:** Begins September 6<sup>th</sup>

**Share The Scoop:** September 12<sup>th</sup> – 11:0am – 3:00 pm

St. Paul's Lutheran Church  
1635 Chester Dr., Tracy

**Focus Groups:** Begin September 13<sup>th</sup> - 9am – 9:45am

Connect – 6 Weeks  
Your Time Starved Marriage – 6 weeks

**Stockton Men's Shelter:** September 13<sup>th</sup>

Meatloaf, Potatoes, Veggies, Desserts

**Community Groups: Fall Session Coming Soon**

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