## **Trusting God In Difficult Times – Week 3**

Trusting God When You Don't Feel Like Trusting

**Psalm 62:8:** Trust in Him at all times, you people; pour out your heart before Him; God is a refuge for us.

| I.  | What Can We Do When We Don't Feel Like Trusting?   | I. What Can We Do When We Don't Feel Like Trust  | ting?    |
|-----|--|--|----------|
| 1.  | Remember that trust is not an  John 14:1 NLT   | Remember that trust is not an  John 14:1 NLT   | <u> </u> |
|     | Spiritual Check List:  | Spiritual Check List:  |          |
|     | <ul> <li>First you check the physical</li> <li>Then you check the emotional</li> <li>Then you check the spiritual</li> </ul> | <ul><li>First you check the physical</li><li>Then you check the emotional</li><li>Then you check the spiritual</li></ul> |          |
| 2.  | Set your heart on God's for you.<br><b>Ephesians 3:17-19</b>   | 2. Set your heart on God's   | for you  |
| 3.  | Set your mind on things that which will  Colossians 3:1  | Set your mind on things that which will  Colossians 3:1  | <u> </u> |
| 4.  | You don't face it  Ecclesiastes 4:12   | 4. You don't face it  Ecclesiastes 4:12  |          |
| II. | How to Trust God When:   | II. How to Trust God When:   |          |
| 1.  | You are? <i>Philippians 4:6-7</i>  | 1. You are? <i>Philippians 4:6-7</i>   |          |
| 2.  | You are? <i>Exodus 14:13</i> ; <i>Exodus 14:15</i>   | 2. You are? Exodus 14:13; Ex   | odus     |
| 3.  | You are? 2 Kings 5:13; Hebrews 3:7-8   | 3. You are? 2 Kings 5:13; Heb<br>3:7-8   | rews     |
| 4.  | You are? <i>Psalm 143:4 CEV; Psalm 143:5-10 CEV; Matthew 11:28</i>   | 4. You are? Psalm 143:4 CEV 143:5-10 CEV; Matthew 11:28  | ; Psaln  |

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